**WHO ARE WE ?**

**About Us:**

**Our Mission**

Our Mission is the make the world Healthy, Happy and Harmonious: The 3H Way.

Millions of people in India lack access to basic health, education and the freedom to participate in the economy equally. We strive to reach out to bring a change through our voluntary initiatives aimed for the individual, family, village and society. Through or efforts we work to improve human values and the quality of life by educating, sharing and participating in their life through natural and Eco-friendly lifestyles and livelihood.

**OUR STORY**

What began as a seed has grown into a large tree, providing its abundance and shade to many.

Today, Vishwa Manavata Samastha runs several social initiatives in health, education, environment and humanitarian aid worldwide. Apart from implementing initiatives on its own, Vishwa Manavata Samastha provides a platform for individuals and organizations to take the 3H initiatives forward. With over 8000 volunteers and growing, 57 chapters in six countries, registered charity in India, UK and USA, activities that encompass Tree Plantation, Natural Farming, Humanitarian Aid, Value Based Education, Child care, Blood donation, Healthy Living and Self-employment Training, Manavata’s relentless work over the past two decades has been awarded with a special consultative status at the United Nations ECOSOC in 2012.

**Our Inspiration**

[**Vyasa**](https://manavata.org/vyasa/)

[**Gautam Buddha**](https://manavata.org/gautama-buddha/)

[**Swami Vivekananda**](https://manavata.org/swami/)

[**Adi Sankara**](https://manavata.org/adhi-sankara/)

[**A. P. J. Abdul Kalam**](https://manavata.org/kalam/)

[**Subhash Palekar**](https://manavata.org/palekar/)

[**Dr. Khader Vali**](https://manavata.org/khadervali/)

**Founder**

**Srini's Journey**

An IT Architect by profession, Srinivas Alluri (Srini) founded the IT company Sandhata Technologies, with operations in UK and India. He maintains a simple life style and dedicates his entire personal life towards making his mission inspired by great personalities including the likes of Mahatma Gandhi, Swami Vivekananda, Ramana Maharshi among others.

Srini founded Manavata in 1991, and is an international charity organisation registered in UK, India and USA and is accorded a special consultative status by United Nations.

Srini has created the “Cycling for Humanity” programme, which aims to inspire people to support humanitarian causes and to lead a healthy, eco-friendly life. In 2011 Srini cycled from London to New Delhi covering 11,350 km. That same year he led a 1,000 km cycling event and a 100 day relay fast to protest the deaths of 22 children in Bihar (India) due to food poisoning from school meals, which resulted in positive response from the Government.

Srini’s passion continues unwavering and still runs Manavata for the benefit of all humanity.

**OUR TEAM**

**India Team**

Trustees: Dr. GSN Reddy, Sri MRR Varma, Smt. Bhavani Akkina, Sri Surya Prakash Alluri, Sri Kantipudi Sarvarayudu, Sri Srinivas Vundavilli, Sri Rambabu Chatrati.

Advisers & Guest Lectures: Dr. TV Raghava Rao garu (Master EK Homeopathy, Peddapuram), Dr. Suryaprakash Vinjamuri, Dr. Krishna babu, Dr. Venkata Seshaiah (Homeopathy, Hyderabad), Dr. Ramachandra Rao (Naturopathy, Khammam), Mr. Satish Kumar (Resurgence, UK), Mr. MCV Prasad, Padma Sri Subhash Palekar (Natural Farming).

Administration Staff: Tulasi, Mahalaxmi, Subbaraju Gunturi, Poornima, Manikanta, Dr. T. Veeranjaneyulu, Dr. Satyanarayana, Dr. Sandeep, Dr. Nookaraju.

UFH & Bangalore: Sri Prakash ji, Sri Hari krishna, Sri Anand Abbai, Sri Siddhesh Dhume, Sri Kapil Dave, Sri Khalai Chelvan, Sri Vemulapati Prasad.

Hyderabad Chapter: Amer, Aravind, Siva, Jyothi, Padma, Ram, Mahadev.

Bangalore Chapter: AHari krishna, Anand Abbai, Siddhesh Dhume, Kapil Dave, Khalai Chelvan, Vemulapati Prasad.

**UK Team**

Rao Penumudi, Kalyan Petluru, Hemanth Devabhaktuni, Vamsi Krishna Jasti, Babji S Vundavilli, Leena Thomas, Charan Gupta, Pramoda Potu, Amit Patil, Ashu, Hanumantha Rao, Sibasis Nayak, Kumaravel Narayanan, Gopi Nair, Nagarjuna Kurra, Madhu Charan, Srilatha, Chandra Muvvala, Dr. Bhavana, Dr. Raghunath

**USA Team**

Mukund Gorla, Raghu Chemala, Chakrapal, Aruna, Kumar, Vinoy Myreddy, Naveen Kodali.

**Timeline:**

**Our Philosophy of Service:**

* Take intiatives and serve based on needs of

-the people

-the society and

-the nature

* At proper time and place ,at the time of distress, disaster, disability.

Charity given out of duty, at the proper time and place, to a worthy person or a cause, and without expectation of return, is considered to be charity in the mode of goodness.

**WHAT WE DO ?**

**Value Education:**

**Manavata vidyalay:**

Manavata Vidyalay Gurukul School is dedicated to providing practical and holistic education that nurtures the total personality development of students across all dimensions. With a firm vision and mission to offer high-quality education, the school aims to cultivate great personalities among its students.

Quoting Mahatma Gandhi and Swami Vivekananda underscores the school’s commitment to instilling moral values and character development in its educational approach. This emphasis on character building aligns with the broader mission of Manavata Vishwa Vidyalay to revolutionize the education system and promote holistic development.

Through its efforts over the past three decades, including cultural education programs in government schools and humanitarian study centers for underprivileged students, Manavata Vishwa Vidyalay has demonstrated its dedication to improving education at all levels. The establishment of a 60-acre humanistic university and health forest underscores its commitment to providing a conducive environment for learning and growth.

Now, under the Gurukula system, the school offers a unique opportunity for gifted students to receive excellent education, foster a strong personality, maintain perfect health, and develop moral leadership qualities. Eligible students from the 5th standard can participate in the entrance exam scheduled for October 5th, which will be conducted across Vanaparthi district and all mandal centers.

By nurturing talented individuals and providing them with the tools for success, Manavata Vidyalay Gurukul School aims to contribute to the development of future leaders who will serve the nation with excellence.

The emphasis on values and holistic education is crucial, and it’s heartening to see organizations like Manavata Vidyalay prioritize these aspects. Providing education and health as services rather than as business endeavors ensures that they reach everyone who needs them, irrespective of their financial background.

The quote about children needing values more than material possessions resonates deeply. It highlights the long-term impact of instilling moral values in young minds. By nurturing natural talents and fostering leadership qualities alongside academic education, institutions like Manavata Vidyalay contribute significantly to shaping well-rounded individuals who can contribute positively to society.  
For those interested in joining this noble cause or seeking further information, registering online via the [www.manavata.org](http://www.manavata.org/) website or contacting the provided phone number is the way to go. With initiatives like these led by dedicated individuals like Alluri Srinivasa Chowdary, the journey towards a more compassionate and equitable education system becomes more tangible and achievable.  
University for Humanity  
9966673293

**Study center:**

Manavata study centres are providing Samskara Vidya (value based education) for holistic development of every child. Manavata has been running these study centres in several villages & towns which are helping thousands of children from rural govt schools.

This induces Innovative learning methods, Yoga, health science, healthy food, soil, natural farming, natural living, selfless service, activity based reading and writing skills, logical reasoning, creativity in children.

Our first study centre is started in 1991 by our founder Sri Srinivasa Alluri and MAHE (Manavata academy of Human Excellence) centre started in Bristol, UK. Since then he has been working relentlessly to help more children. He has done lot of research as part of his work. has on innovative & inspirational ways to make this program successful. Now Manavata’s education program is helping many villages through its proven methodology.

Objective 2023

Objective 2023: To provide Value Education to 5000+ students by establishing Manavata Study centres in around 200 village.In both villages and towns.. for both rich and poor: Samskara vidya is essential in order to make every child honest, healthy and responsible humane.

Join Hands

Inspire yourself and all around towards healthy living & value education. You may join hands with Manavata by 1. Volunteering as teacher or coordinator, 2. Initiating a study centre or 3. Sponsoring a study centre.

Sign Up Today

Manavata Study centres in villages mainly setup for 2 objectives:

\* Give quality education (Life skills & Livelihood skills along with character building)  
\* Give practical education (real time learning by working, teaching, practicing values, living healthy and work on total personality development)

Start A Manavata Study Centre In Your Village

Manavata has been running a 3H(Health, Happiness & Harmony) based value education / Samskara Vidya in both study centres and schools on voluntary basis. This is to integrate value based education into the current system. We have a structured syllabus for holistic development of children. We have been running study centres in different places, through which we are helping to improve overall quality of education and made a good success.He teacher teaches both theory related to academics and also engage students in independent and self-directed learning activities with the help of carefully planned activities and materials prepared to facilitate learning outcomes. Commonly, it is where students congregate in small groups to accomplish given learning tasks. Typically, students can work independently in these centres, sometimes while the teacher works with a small reading group.

Manavata Study Centre List

Show 102550100 entries

In Manavata study centre, more specialised skills are required from the teacher as students are taught effective learning skills, instead of only the content from the syllabus. Also, teachers are supposed to work with the needs of different learning methods that each student possess (thus, the need to equip them with the learning skill), a specialised depending on the objectives of our study centres. Clarifications, doubts can be sorted by students from any expert and subject specialist to overcome the issues and problems to get good understanding about the subject contents.

Send your interest and resume at [health@manavata.org](mailto:health@manavata.org)

Contact helpline: 9966673111

[www.manavata.org](http://www.manavata.org/)

**Ashram & ChildCare**

Manavata Ashrams are being organized to empower orphans, poor and disabled children.  Based on need Manavata has been taken initiatives to setup and run Ashrams in different locations.

Time to time Manavata has initiated and operated Ashram home facilities in different locations to help ignored /abandoned/needy children in that region.

So far Five Orphanages initiated & operated in different regions are as follows:

Orphanages in Andhra Pradesh & Telangana

* Lolla(15 years), Hyderabad (8 years), Kalluru (3 years), Singarayakonda (1 years), Kothakota (1 year)
* Currently Ashram at Lolla, East Godavari dist. operating since 2005
* Total 250 children grown up and achieved good career so far!
* Helping other orphanages for children education and values.

**Blood donations:**

🩸 **Be a Lifesaver: Donate Blood with Manavata!** 🤝💉

Join Manavata in our mission to save lives through blood donation. Your single act of generosity can make a world of difference for those in need.

**Why Donate with Manavata?**

🌟 **Impactful:** Your blood donation directly contributes to saving lives and supporting patients in hospitals across the region.

👨‍⚕️ **Professional Care:** Manavata ensures a safe and hygienic blood donation process, managed by skilled healthcare professionals.

🌈 **Community Spirit:** By donating blood with Manavata, you become part of a compassionate community committed to making a positive impact.

**How to Donate?**

📅 **Upcoming Drives:** Check our website for information on upcoming blood donation drives near you.

🤝 **Walk-ins Welcome:** Drop by any Manavata center during business hours to donate blood and help those in urgent need.

📞 **Contact Us:** For any questions or to schedule a blood donation appointment, reach out to us at [+91-9966673111].

**Your Generosity Matters:**

Every drop of blood you donate can save a life. Be a hero – donate blood with Manavata today!

**Manavatha Healthcare**

**Rural Health Center:**

Providing holistic health care to many poor and needy patients from more 200 villages by organizing 27 Arogya Kendras and 2 Arogya Radham (mobile medical services) in AP and Telangana states in India.

Yoga & Healthy Living workshops have been organized for different communities including professionals, teachers, children, Youth and aged.

Holistic Health care centre: Manavata UFH project has been creating massive value add for both health care and earth care with medicinal plants growing (50 acres of Arogya vanam campus) which includes Yogashala, Goshala, Ayurveda, Homeopathy, Yoga therapy, Nature cure and mainly pollution free environment along with pure natural drinking water.

**Medical Support:**

Free Consultation with Doctors

Manavata Virtual OP Health and Medical consultation service is open to all at your finger tips

**How can we assist you?**  
If you have any health challenges and are seeking advice or treatment from our medical panel, please let us know, either calling our helpline +91-9966673111 (whatsapp) or**Register in this form:**  
[**Free Medical Consultation**](https://docs.google.com/forms/d/e/1FAIpQLSfQQ3yEXhzW-VIm6mokfwrEXzNJ-Xv10ZiFfOWqhnE6n-UUEQ/viewform?pli=1)

Manavata has gathered experts in Ayurveda, Naturopathy, Yoga, Homeopathy and General Medicine to serve you.

**Yoga for Immunity** online sessions are going on regularly, Many families are already using this service. You may join online either 6 a.m. (IST) and/or 6 p.m. (IST) from our manavata.org website.

Please call on the Helpline numbers for free health counseling / awareness.

Experienced Doctors and Volunteers have dedicated themselves for this service.

Is there a medical emergency? Do you need a doctor? Does any family member need a doctor’s advice?[**Online Medical Consultation**](https://docs.google.com/forms/d/e/1FAIpQLSfQQ3yEXhzW-VIm6mokfwrEXzNJ-Xv10ZiFfOWqhnE6n-UUEQ/viewform?pli=1)

Please contact the helpline number **+91-9166673111 / +91-9166673480** and a Doctor will get in touch with you.

**Environment project:**

Manavata practices and promotes Natural farming in all its Centers and Ashrams. we also work with schools to teach children to grow food organic.

**Following are some of the Natural Farming Projects of Manavata:**

**Project 1-Lolla(2008)**

[**Manavata Ashram, Lolla, East Godavari dt, Andhra Pradesh:**](https://www.google.com/maps/dir/Manavata+Ashram+VXQW%2B49V+Ammavari+Gudi+Veedi,+Rajanagaram+Rd,+Lolla+Rayavaram+Mandal+E.G.Dist,+Andhra+Pradesh+533346/@16.8878542,81.9959292,19z/data=!4m8!4m7!1m0!1m5!1m1!1s0x3a37910799c9497d:0xafa49ed4519189aa!2m2!1d81.9959319!2d16.8877843?entry=ttu) Srini has initiated natural farming in his village in 2008, growing paddy desi rice.. which is feeding healthy diet Manavata ashram children and many Annadana programs of Manavata. His father Sri Alluri Bapineedu garu who religiously practiced this to make this project successful with desi cows Jeevamrutham.

This project made a great success, gradually improved yielding which is now much higher than other farmers who are doing chemical farming.As our crops are able to sustain even in worst climatic conditions other farmers also now showing interest to convert to natural farming. every year farmers are loosing their crops due to natural calamities like floods and cyclones as chemical farming crops are very sensitive.

**Project-2 UFH(2015)**

[**University for Humanity, Natavalli, Telangana state, India**](https://www.google.com/maps/place/University+for+Humanity+(UFH)/@16.2654637,77.9437289,21z/data=!4m6!3m5!1s0x3bca01eec7a7fae3:0x1538feafc4dff329!8m2!3d16.2654517!4d77.9437498!16s%2Fg%2F11b8v9t5y9?hl=en-US)  
Srini took a challenging task of converting dry land into fertile farming land in 2015. He bought 60 acres land along with his like minded friends. with 5 years made this 60 acres campus into green. grown 75 desi cows in Goshala, running Gurukul with practical & innovative holistic education for children.

**Natural Farming Training:**

Manavata organized Natural farming workshops in several villages with the guidance of Padma Sri Subhash Palekar ji, Dr. Khadar Vali ji and other experts.

Srini & other Manavata volunteers travelled to different villages in AP, Telangana, Karnataka, Tamilnadu and Kerala and trained around 1500 farmers. Some of the trained farmers have made a great impact with the success in Natural farming.

**Sustainable Living and Nature Cure**

About 90 per cent of the waste generated by households is currently being disposed of in landfill sites or incinerators. Yet, if we all take a few simple actions, we could reduce this amount considerably and really make a difference.Recycling saves natural resources, reduces greenhouse gas emissions and reduces emissions of air and water pollutants.

**Be Eco-Friendly & Save Our Mother Earth**

About 90 per cent of the waste generated by households is currently being disposed of in landfill sites or incinerators. Yet, if we all take a few simple actions, we could reduce this amount considerably and really make a difference. Recycling saves natural resources, reduces greenhouse gas emissions and reduces emissions of air and water pollutants.

How can you do your bit to help save our planet?

Something that we must bear in mind is that these ideas do need some thought and sometimes a little bit of perseverance. If some of them aren’t practical to your circumstances, just remember that the important thing is to do your best – do what you can!

**REDUCE**

* Reducing the packaging waste e.g. buy loose apples rather than those wrapped in plastic on a polystyrene tray, buy refillable packages like fabric conditioner and washing powder
* Buy local produce, spend time for gardening, shop locally so that you can avoid transportation polution.
* Store food in the fridge in a re-usable container rather than wrapping it in cling film or foil
* Avoid using ‘disposables’, goods that are used once and then thrown away. There are products designed to be re-used or have a longer life, like re-chargeable batteries and low energy light bulbs.
* Think before you print! How many times have you printed something and not referred to it again? If you do print, use both sides of a piece of paper.

**REUSE**

* Use rechargeable batteries instead of disposables
* Reuse plastic bags, to help you remember to do this, keep some in your pocket or handbag – they don’t take up much space. It stops you accumulating bags at home.
* If paper has only been written or printed on one side why not use it as scrap paper for messages, notes, lists etc.
* Schools, youth groups etc. will appreciate scrap paper for painting and drawing on.
* old jars can be used for storing all sorts, nails, sugar, pasta etc. or why not decorate them and use as candle holders, pen pots, utensil holders etc.
* Use yogurt pots, plastic bottles etc in the garden to grow seedlings in, or to cover the plants in the winter.
* Make use of old sheets and blankets as household cloths, decorating covers or just as bedding for your pets!
* Use your local library rather than buying books.

**RECYCLE**

* Making use of local recycling banks which are located near super markets so that special journeys are not required
* Understand the meaning of bins outside your home.
* Understand how local council works
* composting

**Arogya Vanam (Medicinal Plants Growing, Educating and Promoting)**

Manavata conducts free workshops for farmers emphasizing the benefits of natural farming, on how to make natural farming profitable and growing toxin-free food in their fields. Manavata has conducted workshops in Chittoor, Khammam, East Godavari districts in Andhra Pradesh which have benefited around 400 farmers. Manavata’s Natural Farming Centers serve as model farms and help to educate farmers.

**Goshala(Care for cows,birds and all beings)**

Goshala literally means the home for cows and is meant to rescue, shelter, protect, feed, treat and rehabilitate weak, sick, injured, handicapped and abandoned homeless cattle. These are the institutions of India’s great cultural heritage giving concrete example of India’s reverence and affection for animals, particularly for cows..

**Cycling for Humanity:**

**Why Cycling for Humanity worldwide Campaign?**

Day by day people are experiencing more and more problems, every day we see several painful or inhuman incidences. Recently, we have seen brutal incident at Delhi and there are many such things which are happening around us. Since several years people have been talking about several issues like global warming, pollution, unemployment, corruption, natural calamities, savior health problems, drug addictions, irresponsible people etc. Every one want to get rid of these problems, but very few people really think about root cause of these issues and some among them works in real solution to address all these issues.

Whatever problems we are experiencing **root cause is lack of humanity, selfishness of people or human greed.** Unless we **bring humanity into real life practice** it is impossible to address all these issues. The only way we can help the situation is by simplifying our lives.

Objectives of CFH at beginning:

* Cycling for a cause – 10000 KM cycling in 100 days
* Planting 100,000 saplings
* 100 Collaborations
* 500 Volunteers participation in CFH 2011
* 500 Charity Events
* Positive change in 2.5 million people
* Help 25000 people
* Initiate 500 village adoption program for Sustainable rural development

Highlights:

1. Srinivasa Alluri has cycled 11350KM over a span of 109 days, commencing from London and culminating at Delhi (including Kanyakumari to Kashmir)
2. During the course of such an endeavour, he has also had the pleasure, privilege and fortune of coming into fruitful contact with a sea of humanity comprising more than 50,000 and also more than 50 institutions He has also derived and delivered inspirations at various individual meetings, seminars and local media interactions.
3. The CFH programme got enviable support in general from citizen of all the 14 countries traversed and particularly from UK, Germany, Turkey, Iran and India
4. 500 willing volunteers worked together in 500+ different events in CFH
5. This also provided a great platform and a lasting pedestal for serving people.
6. A phenomenal opportunity to lend a helping hand to those in need in various ways
7. Got opportunity to engage in flood relief activities which incidentally was instrumental in lending succour to more than 5000 people in 15 different villages in Jajpur district, Orissa, India.
8. Enlivening commitment from many an inspired young populace by way of enlisting in the 3H mission.
9. Invigorating Medical camps and purposeful plantation drives undertaken the help of motivated volunteers.
10. Great learning from many intellectuals & nature along the route.
11. Around 200 cyclists joined in this movement in different parts of the world.

25th Jun 2011 – Trafalgar Square, London:

Cycling for Humanity 2011 started from London on 25th Jun 2011 with a voluntary blood donation event on 24th. Many volunteers cycled upto Dover. PR Rao cycled till Belgium and Raj Marni cycled upto Austria along with Srini. Around 35 volunteers participated in this including 19 cyclists. A day before Manavata has conducted a blood donation camp in London with the support of National Blood Service. Srini and many Manavata volunteers have donated blood in this camp which is a good start of humanitarian activity in CFH 2011. It is a great team work to make a wonderful start. Mr. Boris Jonson, Mayor of London and many key leaders have wished for the success of this program.

2nd Oct 2011 – Raj Ghat, New Delhi:

Raj Ghat today was bustling with activity and purpose. Around 50cyclists from NSS, IIT Delhi had gathered for a noble cause and an endearing purpose. For CFH had after traversing 14 countries congregated at the Capital city on the 142nd Anniversary of Mahatma Gandhi.

The motivated crowed were possessed by a burning desire to make social change a reality. The catchwords were HeaIth, Happiness and Harmony.

**London to Tehran: 6350KM:**

14 Countries covered: UK, France, Belgium, Luxemburg, Germany, Austria, Slovakia, Hungary, Serbia, Macedonia, Greece, Turkey, Iran and India.

**Kanyakumari to Kashmir: 5000KM**

In India Srini has cycled through 14 states: Kerala, Tamil Nadu, Andhra Pradesh, Orissa, West Bengal, Jarkhand, Bihar, Uttar Pradesh, Haryana, Delhi, Chandigarh, Panjab, Himachal Pradesh, Jammu & Kashmir.

**Manavatha Environment:**

**Tree Plantation Drives**

Manavata’s Green Belt Movement (GBM) organizes tree plantation drives globally. Volunteers collect seeds,plant them in nurseries and distribute the saplings in local communities. Manavata has planted more than 50, 000 saplings in Andhra Pradesh, Maharashtra and Gujarat areas in India and abroad as well and is planning to plant 1, 00, 000 plants this year.

**Natural Farming Workshops**

Established projects, practicing natural organic farming, training farmers.we have reached over 20000 farmers to inspire them, trained over 600 farmers,80 farmers successfully adopted our traditional natural organic methods.

**Environment Awareness Campaigns**

Manavata organizes seminars, workshops and campaigns to encourage people to preserve nature,save energy, promote simple living and implement the reduce, reuse and recycle concept.

**Sustainable Development Program**

Manavata adopts villages and promotes education, health and environment, develops leadership and governance, promotes sustainable agriculture techniques, creates economic equilibrium,helps people earn livelihoods and serves people who are poor and needy. Manavata has so far adopted 10 villages under SRDP and plans to adopt 500 villages in the next 3 years.

**Cycling For Humanity**

Manavata’s global initiative, ‘Cycling for Humanity’, creates an awareness across the world of the need for the 3H lifestyle.Manavata promotes cycling– the cleanest and healthiest form of transport – to drive home this message. Through ‘Cycling for Humanity’, Manavata reaches out to people and promotes healthy living and a clean, pollution free environment.

**Be Eco-Friendly & Save Our Mother Earth**

About 90 per cent of the waste generated by households is currently being disposed of in landfill sites or incinerators.Yet, if we all take a few simple actions, we could reduce this amount considerably and really make a difference.Recycling saves natural resources, reduces greenhouse gas emissions and reduces emissions of air and water pollutants.

How can you do your bit to help save our planet?

**Goshala:**

Desi Cow History in India

* Service to cow  (Go-Seva) is given the highest place in the Vedas and Cow is treated as ‘mother’. As this helps to protect biodiversity, soil and health.
* Everything cow produces help in:
  + Milk as Dairy Products
  + Cow urine, dung to prepare manure, jeevamrutham & pest control
  + Medicines like Panchagavya
  + Ghee in Yagnas
* Out of 60 Indigenous desi cows, only  37 varieties of cows exist in India.
* Some precious varieties are Gir, Ongole, Punganuru, Motu, Red Sindhi, Kosali, Shahiwal, Kankarej, Kangyam, Siri etc.
* Protecting cow helps biodiversity and natural farming. i.e protects mother earth and all beings too.
* Out of 60 Indigenous desi cows, only 37 varieties of cows exist in India.
* Some precious varieties are Gir, Ongole, Punganuru, Motu, Red Sindhi, Kosali,  
  Shahiwal, Kankarej, Kangyam, Siri etc.
* Protecting cow helps biodiversity and natural farming. i.e protects mother  
  earth and all beings too.

Organic Farming & Cow

Problems

* Farmer suicides and Soil death: Farmers are driven by fertilizer/pesticide companies causing financial losses, loosing sustainability and fertility of lands.
* Causing many farmers leaving their occupation. Many lands becoming dry and unused.
* Many farmers are selling Desi cows, which are going to 36,000 slaughter houses within India.
* Lot of chemicals in our food plate with out our knowledge
* Europe/US stopped food imports from India because of poison traces.

Solution

* Manavata Goshala helping training and practice of natural farming. And to supply the ‘Jeevamrutham’ initially for some farmers.
* Zero budget Natural Farming without using Chemicals/Pesticides.
* One Desi Cow can farm nearly 30 acres.
* Desi Cow Almost extinct. Now India is world largest producer of milk. But in next 10 years we may have to import milk if desi cow is not protected.
* Cow dung and Urine helps farming, which is much precious than milk production.

Goshala in Manavata University:

* Manavata objective is to ensure comfortable living conditions to Cows  by providing shelter, organic grass feed etc.
* Cows and their Calves are not separated after birth, live together in an open air farm.
* Special care of the calves is taken to maintain a steady growth. The dry, green grass and dhana (Cow Feed) which is a powder like material made from a combination of various pulses are fed to the cows every day.
* Regular check-up by the veterinary doctor.
* Increase the use of Desi cows in Spiritual/organic farming, train Farmers in natural farming and encourage to have cow at each farmer’s family
* Currently Manavata Goshala having 35 Cows.

**University of humanity:**

MAHE-University for Humanity

University For Humanity (UFH):

Manavata is establishing University for Humanity where true happiness through practice of self-less service and achieve sustainable development by living together with nature.

As shown in the following diagram, they are four levels of transformation required for sustainable development:

Vision:

Main purpose of Manavata University or University for Humanity (UFH) is to facilitate holistic learning of life skills to live with humanity. i.e non-violent, purposeful living without damaging mother nature and improving biodiversity, self-sustainability and humanity.

Goshala (Care for cows, birds and all beings)

Natural farm (Organic farming)

Convert dry land to Green (growing trees)

Arogya Vanam (Medicinal plants growing, educating and promoting)

Sustainable living and Nature cure

Yoga & Samskara Vidya teachers training

Skill development in Sustainable ways

**Skill development courses:**

**Our Courses**

Manavata courses are designed for different age groups and organized in multiple locations apart from online sessions. Courses are mainly categorized as: Yoga for Health, Yoga & Spirituality, Organic Framing/ Kitchen, Personality development & Yoga Therapy for cure. Manavata free yoga sessions by its volunteers who are well trained teacher & practitioners are being run in different locations. You may contact us by email if you would like to have sessions for their organisation, community and society.

[**Skip available courses**](https://manavata.org/courses/#skipavailablecourses)

[**Life Skills training and group learning**](https://manavata.org/courses/course/view.php?id=2)

[**Organic kitchen gardening**](https://manavata.org/courses/course/view.php?id=3)

[**Diploma In Organic / Natural Farming**](https://manavata.org/courses/course/view.php?id=4)

[**Holistic Health Care**](https://manavata.org/courses/course/view.php?id=15)

[**Online Learning For Kids**](https://manavata.org/courses/course/view.php?id=10)

[**Healthy living Training**](https://manavata.org/courses/course/view.php?id=8)

[**Ayurveda Beginners course**](https://manavata.org/courses/course/view.php?id=6)

[**Samskara Vidya Teacher Training**](https://manavata.org/courses/course/view.php?id=14)

[**Skill Development Classes**](https://manavata.org/courses/course/view.php?id=5)

[**download.png**](https://manavata.org/courses/pluginfile.php/421/course/overviewfiles/download.png?forcedownload=1)

[**Internships**](https://manavata.org/courses/course/view.php?id=20)

[**Yic.jpg**](https://manavata.org/courses/pluginfile.php/429/course/overviewfiles/Yic.jpg?forcedownload=1)

[**YOGA INSTRUCTORE COURSE**](https://manavata.org/courses/course/view.php?id=21)

[**2dd1dd1a-8adf-4ea1-9208-6b1ba1cbf4e5.jpg**](https://manavata.org/courses/pluginfile.php/379/course/overviewfiles/2dd1dd1a-8adf-4ea1-9208-6b1ba1cbf4e5.jpg?forcedownload=1)

[**Yoga Therapy Workshop**](https://manavata.org/courses/course/view.php?id=17)

[**Online yoga workshop for Kidney Liver.jpg**](https://manavata.org/courses/pluginfile.php/377/course/overviewfiles/Online%20yoga%20workshop%20for%20Kidney%20%20Liver.jpg?forcedownload=1)

[**Online Yoga Workshop for Kidney & Liver**](https://manavata.org/courses/course/view.php?id=16)

[**Reducing back pain through Yoga**](https://manavata.org/courses/course/view.php?id=13)

[**Perinatal Yoga for all preggys**](https://manavata.org/courses/course/view.php?id=12)

[**YTT 50 Yoga teachers training**](https://manavata.org/courses/course/view.php?id=11)

[**Yoga for Teachers**](https://manavata.org/courses/course/view.php?id=9)

**Livelihood skills training**:

[**Samskara Vidya / Value-based Education**](https://manavata.org/samskara-vidya/)

Manavata has been conducting Samskara vidya program across the globe with the mission to create Healthy, Happy and Harmonious world.Manavata’s Academy of Human Excellence’ (MAHE) institution established in 2006 particularly to provide Value based holistic Educationto give best opportunity for every child to become healthy and excellent. The program makes children healthy, self-confident, responsible and disciplined. Children learn soft skills, life skills, techniques to sharpen memory and become proactive and intelligent.

[**Personality Development Program (PDP)**](https://manavata.org/personality-development-programs/)

Manavata’s ‘Inspire’ Seminars and ‘Personality Development workshops’ target character building in the youth. ‘Inspire/PDP’ workshops are facilitated through qualified volunteers. MYLIP(Manavata Youth Leadership Intensive Program),a 5 day workshop, trains youth to be leaders, to be self-reliant and socially responsible. Manavata has reached over 1,20,000 students through these programs.

[**Self-Employment Training / Skill Development**](https://manavata.org/self-employment-training/)

Manavata offers free skill development programs for unemployed youth.Full-time / part time vocational courses in different livelihood skills are offered in this based.

Some of them are Multimedia/Computer Hardware and DTP, Electricians, Organic Farming, Accounting/Tally, Medicinal plants cultivation, Yoga teachers training etc. Aimed at economically backward candidates, aged between 15 and 25 years, with a minimum of 8th standard qualification,the program has trained over 1000 people and has helped over 350 candidates earn their livelihoods. It runs on referrals and sponsorship. Students and unemployed youth can apply for this program.To submit your application

[**Self-Employement Program For womens (Swashakthi)**](https://manavata.org/self-employment-program-for-women-swashakthi/)

“Swasakthi” empowers village women from poor economical backgrounds. After training women in sewing and handloom skills training, Manavata volunteers help trainees organize Manavata Mahila Samstha (MMS) groups to sustain earnings and livelihoods. So far 350 women have benefited from ‘Swasakthi’ training and are earning their livelihood.Trainees manufacture Manavata’s eco-friendly cloth bags – thereby helping to sustain their livelihood and also spread Manavata’s message about no-plastic bags.

**Internships:**

Join Manavata’s Internship Program – Empowering Youth for a Brighter Future!

Are you an economically disadvantaged and unemployed youth seeking the right path for your career? Look no further! Manavata is here to support you on your journey towards a fulfilling livelihood.

Our internship program provides a practical and innovative learning experience for students, researchers, engineers, doctors, and volunteers. We believe in nurturing talent and fostering a supportive environment for growth and development.

Explore a world of opportunities by applying for internships in the following areas:

1. IT Software: Discover the exciting realm of information technology and sharpen your programming skills under the guidance of experienced mentors.
2. Agriculture/Organic Farming: Get hands-on experience in sustainable agriculture practices, contributing to a greener and healthier planet.
3. Yoga Therapy: Dive into the realm of holistic wellness and learn the healing art of yoga therapy to help others lead a balanced life.
4. Ayurveda/Homeopathy: Embrace the ancient wisdom of Ayurveda or Homeopathy and explore natural remedies for a healthier society.
5. Naturopathy: Learn the principles of naturopathy and promote natural healing methods for overall well-being.
6. Education Research: Contribute to the advancement of education through research and innovation, making a positive impact on future generations.
7. Medicinal Plants Research: Unearth the potential of medicinal plants in healthcare and play a vital role in shaping the future of medicine.
8. Humanitarian Services: Engage in humanitarian work and make a difference in the lives of the underprivileged, spreading compassion and hope.

Don’t let financial constraints hold you back; Manavata’s Internship Program opens doors to a brighter future. Apply now and take the first step towards a fulfilling and purposeful career. Together, let’s create a world where everyone has the opportunity to thrive. Join Manavata today!

**Emergency relif work:**

Medical Support: Free Consultation with Doctors

You may not be able to leave your house during this lockdown, but we can still help you over the phone. Our doctors have volunteered to serve you during these difficult times.

Is there a medical emergency? Do you need a doctor? Does any family member need a doctor’s advice?[Online Medical Consultation](https://docs.google.com/forms/d/e/1FAIpQLSeaxCzUHpW7B_6_-Ayr9Ro_7vLxV66chbW3mBbd3awSdUEg6Q/viewform)

Please contact the helpline number +91-9166673111 / +91-9166673480 and a Doctor will get in touch with you.

Over 50 doctors and volunteers relentlessly working together for past 4 months. Over 4000 patients treated over phone.

AP and Telangana police and their families have been utilizing services with the initiative of DGPs.

District wise awareness sessions and home quarantine support. Immunity kits distribution to 35000 families. [Immunity Protocols](https://manavata.org/image/)

Special immunity kits prepare for COVID prevention and recovery.

COVID 19 Relif:

[Food for the Needy](https://manavata.org/food-for-needy-2/)

During this time the people are in need of your help. Please help us provide food for the people in need. Let us help keep people safe and healthy.

[](https://manavata.org/virtual-opd)

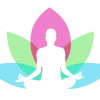
[Medical Support](https://manavata.org/virtual-opd/)

[Virual OP Helpline - Over 20+ Doctors available on Phone / Whatsapp Service to help people at no cost. Call for any Medical Emergency.](https://manavata.org/virtual-opd/)

[](https://manavata.org/yoga-2/)

[Yoga for Immunity](https://manavata.org/yoga-2/)

Join 300+ Families from around the world participating in the Yoga Deeksha Online. We work to improve our immunity by yoga. Join us now.

[](https://manavata.org/universal-peace-meditation)

[Universal Peace Meditation](https://manavata.org/universal-peace-meditation)

Daily 8pm to 8:15pm at your local time. meditate for universal peace, pass on your love to all beings to save the world. Pray to cure those who are suffering.

[How to Recover from COVID](https://manavata.org/image/)

To keep our world safe, Manavata calls on all individuals and groups to work together. With your help, Manavata is working to protect our community by strengthening our human-care system.

Our Impact

Grocery kits distributed

2500

Patients Treated

2500

Yoga for Immunity

730

Food Packs Distributed

4250

Our Success Stories

Janardhan

🙏🏻Srini అల్లూరి sir గారి ప్రోత్సాహము, ప్రతిరూపమే మాకు వచ్చిన ఈ YIC సర్టిఫికెట్. సూక్ష్మ వ్యాయామాలు. సూర్యనమస్కారాలు. ఆసన ప్రాణాయామలు. షట్ క్రియలు మెడిటేషన్. థియరీ సైతం చక్కగా నేర్పించారు. అలాగే ప్రసాద్ గారు తనదయిన ప్రత్యేక శైలిలో చెప్పిన ఆసనం టెక్నిక్స్ cyclic మెడిటేషన్ మా ప్రాక్టీస్ ki ప్రత్యేకతను చేకూర్చాయి. శివగారి స్ట్రెచెస్ బాగున్నాయి. తులసిగారి కోఆర్డినేషన్ నొప్పించక తానొవ్వక అన్నట్లు వ్యహరించే స్వభావం, అందర్నీ సమన్వయ పరిచే తీరు ఒక విశేషం. నాతో పాటు ఈ yic కోర్స్ చేసిన తోటి వారందరికి అభినందనలు. అందరి మానవతల కలబోతే ఈ విశ్వామానవత సంస్థ. మానవతకు నా శిరస్సువంచి పాదాభివందనం. 🙏

**Natural Calamity Aid**

Manavata’s volunteer groups are committed to making a positive difference in the lives of individuals affected by natural calamities. With a strong sense of empathy and a deep-rooted desire to serve, these volunteers actively engage in various forms of voluntary work, offering crucial emergency support and survival assistance to those in need. Through their unwavering dedication, Manavata volunteers play a pivotal role in empowering communities during times of crisis, providing relief and hope to those affected by natural disasters.

1.Responding Swiftly to Natural Calamities:

When disaster strikes, Manavata’s volunteer groups stand ready to respond swiftly and effectively. They understand the urgency and importance of providing immediate aid to survivors. From earthquakes and floods to cyclones and wildfires, these dedicated volunteers work tirelessly to assess the situation, mobilize resources, and extend support to affected individuals and communities.

2.Emergency Relief and Survival Support:

The primary objective of Manavata’s volunteer groups during natural calamities is to provide emergency relief and survival support to the most vulnerable. This includes distributing essential supplies such as food, clean water, clothing, blankets, and medical aid. The volunteers collaborate with local authorities, NGOs, and other relief organizations to ensure efficient distribution and maximize the impact of their efforts.

3. Collaborative Partnerships and Advocacy:

Manavata’s volunteer groups actively collaborate with local communities, government agencies, and other stakeholders to strengthen disaster preparedness and response systems. They advocate for policy changes and raise awareness about the importance of disaster risk reduction, aiming to minimize the impact of future calamities. By forging these partnerships, Manavata volunteers ensure a more sustainable and resilient future for vulnerable communities.

**DISASTER RELIF:**

[Food Distribution](https://manavata.org/category/food-distribution/#!)

[Natural Calamity Aid](https://manavata.org/natural-calamity-relief/)

Manavata in Humanitarian AID

Financial Support for Critical Surgeries

**GET INVOLVED**